

El "Cuadernillo de Actividades de Primer Grado de Educación Primaria", fue elaborado por personal académico del PRONI en Tamaulipas.

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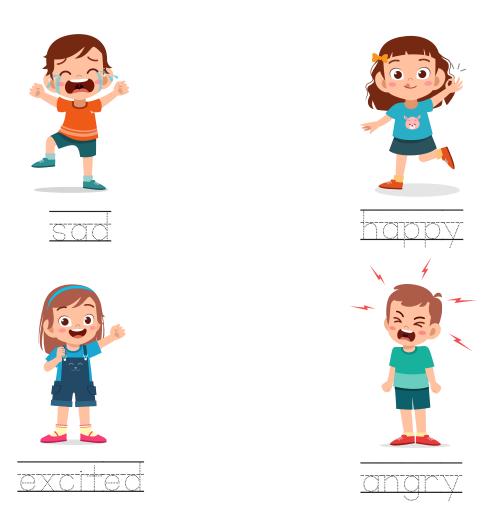
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Activity 1 Feelings and Emotions

Look at the feelings below. Practice repeating each feeling. Then trace the words.

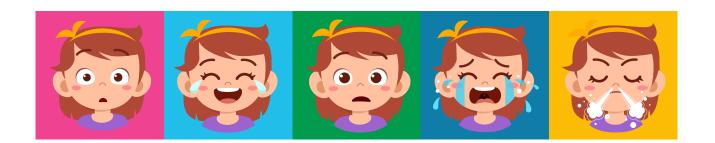


Draw how you feel today and complete the sentence.

Today I feel _____

Activity 2 Different Emotions

Match the emotions to their names.



Angry

Scared

Нарру

Surprised

Sad

Color the emotions that you feel the most.

























Activity 3 Drawing Emotions

Read each sentence and draw the correct feeling in each face.

Jose feels <u>sad</u> because he lost his soccer ball.	Maria is <u>excited</u> because she won a prize at school.
Vanessa is <u>happy</u> because she will visit her grandmother.	Luis feels <u>angry</u> because he lost the soccer game.

Activity 4 I Feel...

Read and complete the sentences with a personal experience. Then, draw a picture in the space. Look at the example.

Example: I feel happy when I eat ice cream. Me siento feliz cuando como helado.

I feel happy when	I feel angry when
I feel excited when	I feel sad when

Activity 5 Color the Feelings

Read the description under each face and color accordingly.



This is an EXCITED face! Color it ORANGE.



This is a SURPRISED face! Color it YELLOW.



This is a BORED face. Color it GRAY.



This is an MAD face! Color it RED.



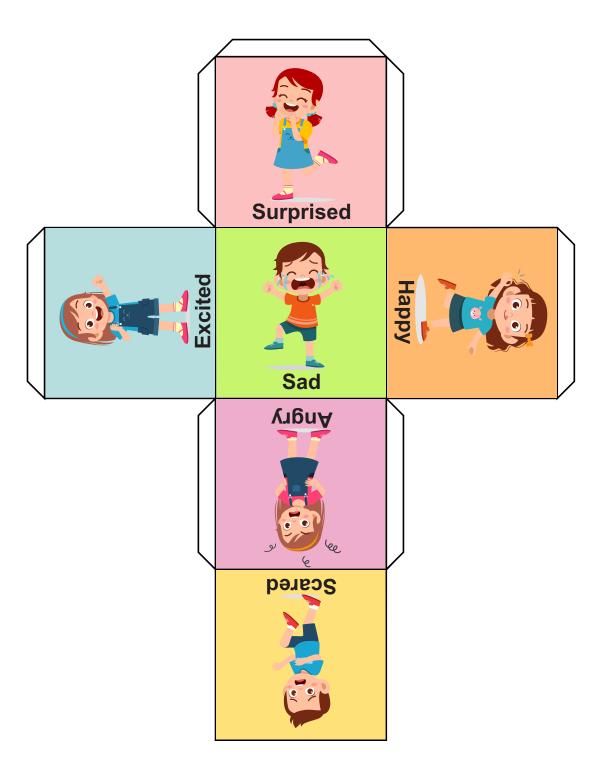
This is an SAD face. Color it BLUE.



This is a HAPPY face! Color it GREEN.

Activity 6 Emotions Dice

Cut and form the dice. Roll it and say the name of the emotion that you get



Activity 7

The Dinosaur Part 1

Read the first part of the story and answer the questions.



There was a sad dinosaur.

He did not have any friends.

Every day the dinosaur sat on the grass.



He saw a dog and a duck playing with a ball.

The duck rolled the ball, and the dog ran to catch it.



Suddenly, the ball went far away until it arrived where the dinosaur was...

- 1. What is the title of the story?
- 2. Who are the characters of the story?
- 3. How does the dinosaur feel? _____

Activity 8

The Dinosaur Part 2

Read the second part of the story and then answer the question.



The dinosaur went and gave them the ball. The dog and the duck thanked the dinosaur.



The dog and the duck asked the dinosaur to play with them.

The dinosaur became very happy.

THE END

- 1. How does the dinosaur feel now? _____
- 2. Who was your favorite character?
- 3. How do you feel after reading the story?

Activity 9 Samantha's Emotions

Read the story and answer the questions.

Samantha's Emotions



Samantha is very angry when she breaks a toy.

She is very sad when the fun ends.

She is very happy when she sees her friends.

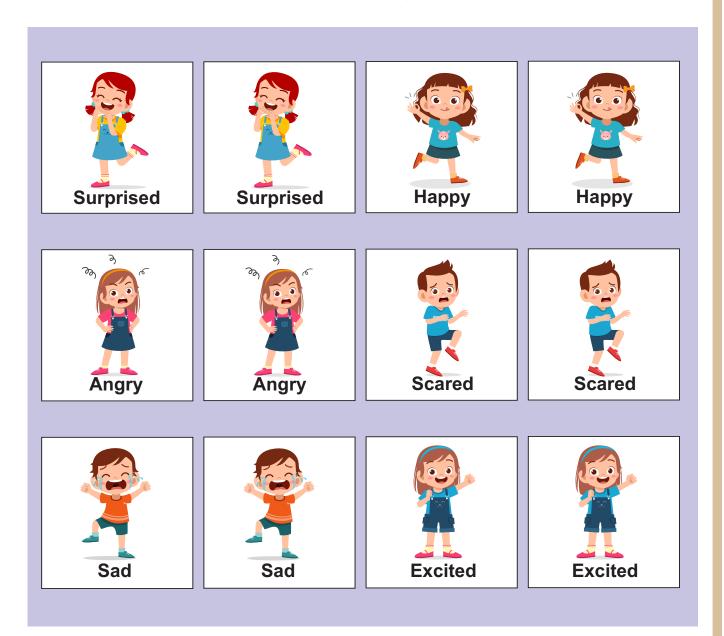
She has so many different feelings all day!

- 1. What is the title of the story?
- 2. How does she feel when she breaks a toy?
- 3. How does she feel when she sees her friends? ______
- 4. How does she feel when the fun ends?
- 5. How do you feel today?

Activity 10 Memory Game

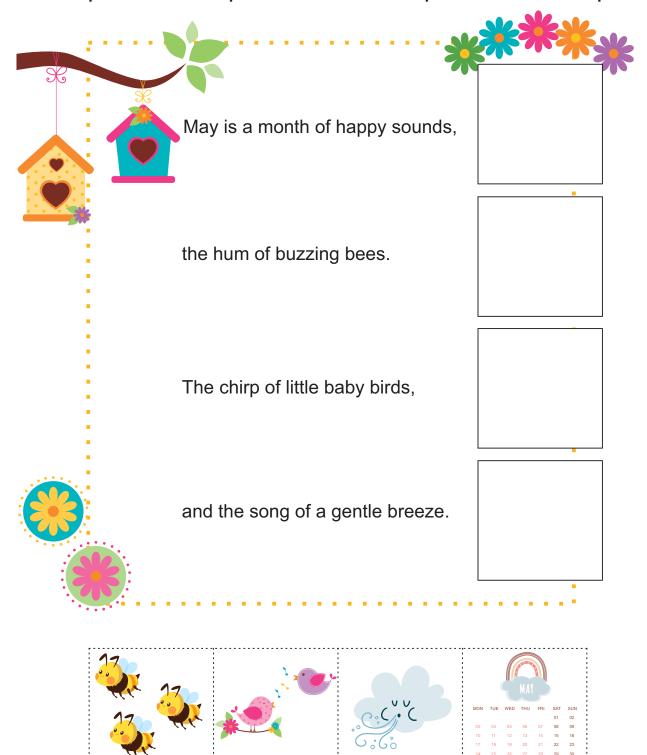
Cut out the cards. Invite someone in your family to play the memory game with you.

My Feelings



Activity 11 May

Read the poem. Cut out the pictures below. Paste the pictures in the correct place.



Activity 12 A Happy Child

Read the poem and answer the following questions. If you have access to the internet, see "A happy child" video https://www.youtube.com/watch?v=H76ZkH7ZirY



- 1. What color is her house? _____
- 2. How does the child feel? _____
- 3. What does she do the whole day long? _____
- 4. Where does she sit after play time? _____

Activity 13 Rainbow Hair

Trace the poem. Read it aloud and try to learn it. Color the unicorn's hair according to the instructions.

Rainbow hair

Rainbow purple, rainbow blue, rainbow green and yellow too rainbow orange, rainbow red, rainbow colors on my head.
Colors, colors everywhere.
I like rainbows in my hair.





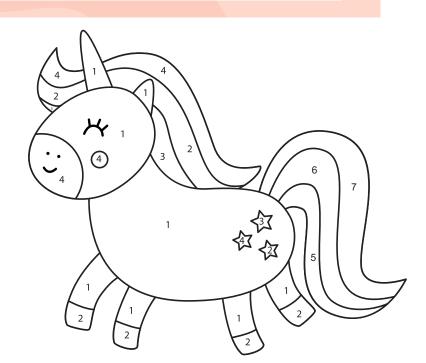
3. blue

4. orange

5. green

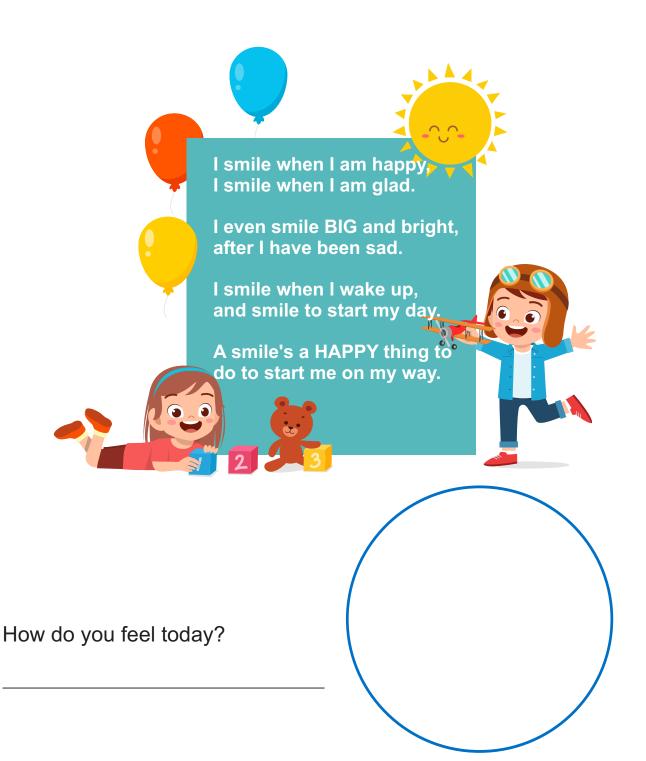
6. yellow

7. purple



Activity 14 Smile Song

Read the following song. Using your favorite color, circle the words that refer to a feeling. Then draw yourself and answer the question about how you feel today.



Activity 15 Happy or Sad?

Look at the different images at the bottom of the page. Cut and paste them under the correct column.

This would make me happy	This would make me sad…





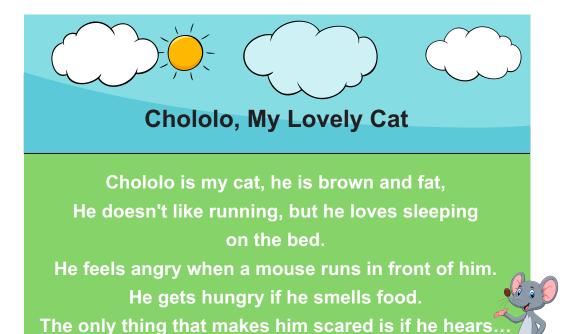




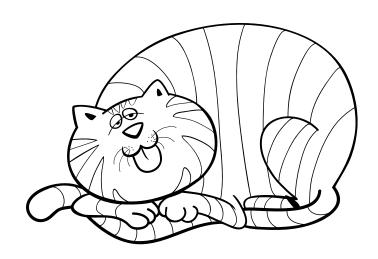


Activity 16 Chololo

Read the story and answer the questions. Do not forget to color the cat.



- 1. How does Chololo feel if he sees a mouse? _____
- 2. How does Chololo feel if he smells food? ______
- 3. How does Chololo feel at his bath time?



Activity 17 How Do They Feel Today?

Color the correct circle to answer each question.

How does the dog feel?



- Scared
- Happy

How does the girl feel?



- Sad
- Angry

How does the dog feel?



- Sad
- Angry

How does the boy feel?



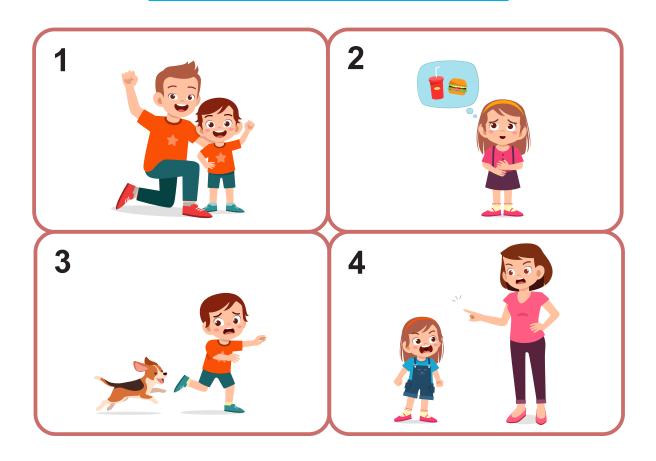
- Scared
- Happy

Activity 18

Feelings

Complete the song. Use the word bank. If you have access to the internet visit https://www.youtube.com/watch?v=a1NIWCr0R-k&t=1s

happy / angry / scared / hungry



- 1. This is my father. He's _____
- 2. This is my sister. She's _____
- 3. This is my brother. He's _____
- 4. This is my mother. She's _____

Activity 19 How Do They Feel Today?

Match the picture with the correct word. Answer the questions.



Angry
Shy
Sad

Scared Surprised

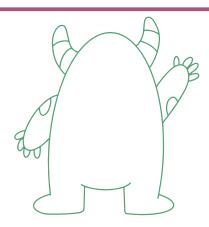


- 1. I want to eat a hamburger, I am
- 2. I lost my pet, I am _____
- 3. I opened a present, I am _____
- 4. I didn't do my homework, my mom is _____ with me.
- 5. I see a spider, I am _____
- 6. I don't like to meet new people, I am _____

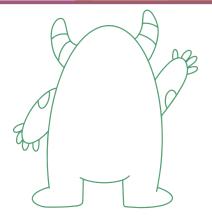
Activity 20 Emotion Faces

Cut out the faces. Paste them in the correct monster.

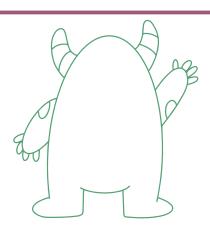




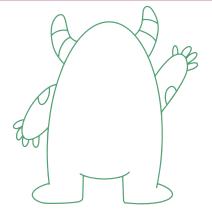
I am happy when I see my family.



I am sad when I don't see my grandparents.



I am scared when I see a spider.



I am surprised when I see a new toy.









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Referencia Bibliográfica

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