

MAY



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# Activity 1

## Online Risks

Read the text and circle if the information is True or False.

The Internet can be a wonderful place to learn, shop, play games, and talk to your friends. Unfortunately, there are also **predators**, identity **thieves**, and others, who may try to **harm** you. There are different types of online risks:

### Phishing:

It is a type of **scam** in which the **scammer** tries to **trick** you into revealing your personal information. Usually, it involves an email, instant message, or website that is designed to look like it is from a legitimate company.



### Piracy:

It refers to **illegally** sharing **copyrighted** materials. This can include music, movies, TV shows, and software.



### Cyberbullying:



It is any kind of **harassment** or **threatening** behavior that occurs online. It can happen through instant messaging, text messaging, email, or social networks.



### Malware:

It is a malicious software that is designed to **damage** your computer or **steal** your personal information. It includes **viruses** or **spyware**.



- |  |  |  |
|--|---|---|
|  | True  | False   |
| 1. The internet is a bad place to learn.                                       | True  | False   |
| 2. There are predators and thieves online who may try to harm you.             | True  | False   |
| 3. A scammer is someone that tries to protect you.                             | True  | False   |
| 4. Piracy refers to illegally share copyrighted materials.                     | True  | False   |
| 5. Cyberbullying can happen through text messaging, email, or social networks. | True  | False   |
| 6. Malware is designed to protect your computer.                               | True  | False   |

# Activity 2

## Other Types of Risks

Read the information and answer the questions.

When someone uses a computer, there is a risk of **eye strain**, **wrist strain**, and **other injuries**.

### Eye strain:

Your eyes feel dry, tired, and your vision is blurry by the end of the day. The contrast of text against the background, the glare and flickering from digital screens can be hard for your eyes.

### Wrist strain:

If you spend a lot of time web surfing, working, or gaming on a PC, there is a risk of developing wrist pain from computer use.

### Internet addiction:

It is becoming a more significant problem. Internet use can be a good thing, but if it becomes an addiction, it can affect a person's offline life. Also, it can cause social isolation and violent behavior.



You can help prevent this by limiting the amount of time you spend on computers and mobile devices, keeping your computer screen about 25 inches away from your face, changing your posture, taking frequent breaks, stretching and exercising.

1. Which are some risks when using the computer?

---

2. Which are some of the symptoms of eye strain?

---

3. What causes wrist strain?

---

4. Which are the consequences of internet addiction?

---

5. How can you prevent these dangers?

---

# Activity 3

## Internet Safety Tips

Read the text and match the sentences correctly.

To be safe, you will need to make good decisions online, here are some tips about online safety.

1. Don't give your personal information, such as home address, school name or phone number.
2. Don't talk to anyone you don't know.
3. Never send pictures to strangers.
4. Never arrange to meet with someone you met online.
5. Keep passwords private, except from parents.
6. Install antivirus software.
7. Don't download anything without permission. It may contain a virus that can harm your computer.
8. Tell an adult if you receive a mean or strange message.
9. If something seems suspicious, trust your instincts.
10. Be careful with what you share.



1. Tell an adult if

2. Never send pictures

3. Don't give

4. Be careful with

5. Keep passwords

what you share.

to strangers.

your personal information.

private.

you receive a mean or strange message.

# Activity 4

## Suggestions for a Risky Situation

Read and complete the suggestion for each situation with the correct option.

Example:

### Situation

**Piracy**  
Piratería



### Suggestion

**Don't share copyrighted materials.**

No compartas materiales protegidos por derechos de autor.

antivirus software

tell an adult

keep your computer

limit the time

personal information

1.



**Phishing**

Don't share \_\_\_\_\_

2.



**Cyberbullying**

\_\_\_\_\_ if you receive a mean message.

3.



**Internet addiction**

\_\_\_\_\_ you spend on computers and mobile devices.

4.



**Malware**

Install \_\_\_\_\_

5.



**Eye strain**

\_\_\_\_\_ screen about 25 inches away from your face.

# Activity 5

## Illustrated Report

Choose a risking situation, write and illustrate 3 suggestions to prevent it.

Example:

**RISK SITUATION:**  
Internet addiction



**SUGGESTIONS TO PREVENT IT:**

- 1   
Limit the you spend online
- 2   
Do exercise
- 3   
Plan different daily activities

**RISKY SITUATION:**

**SUGGESTIONS TO PREVENT IT:**

1

2

3



---

---

---

---

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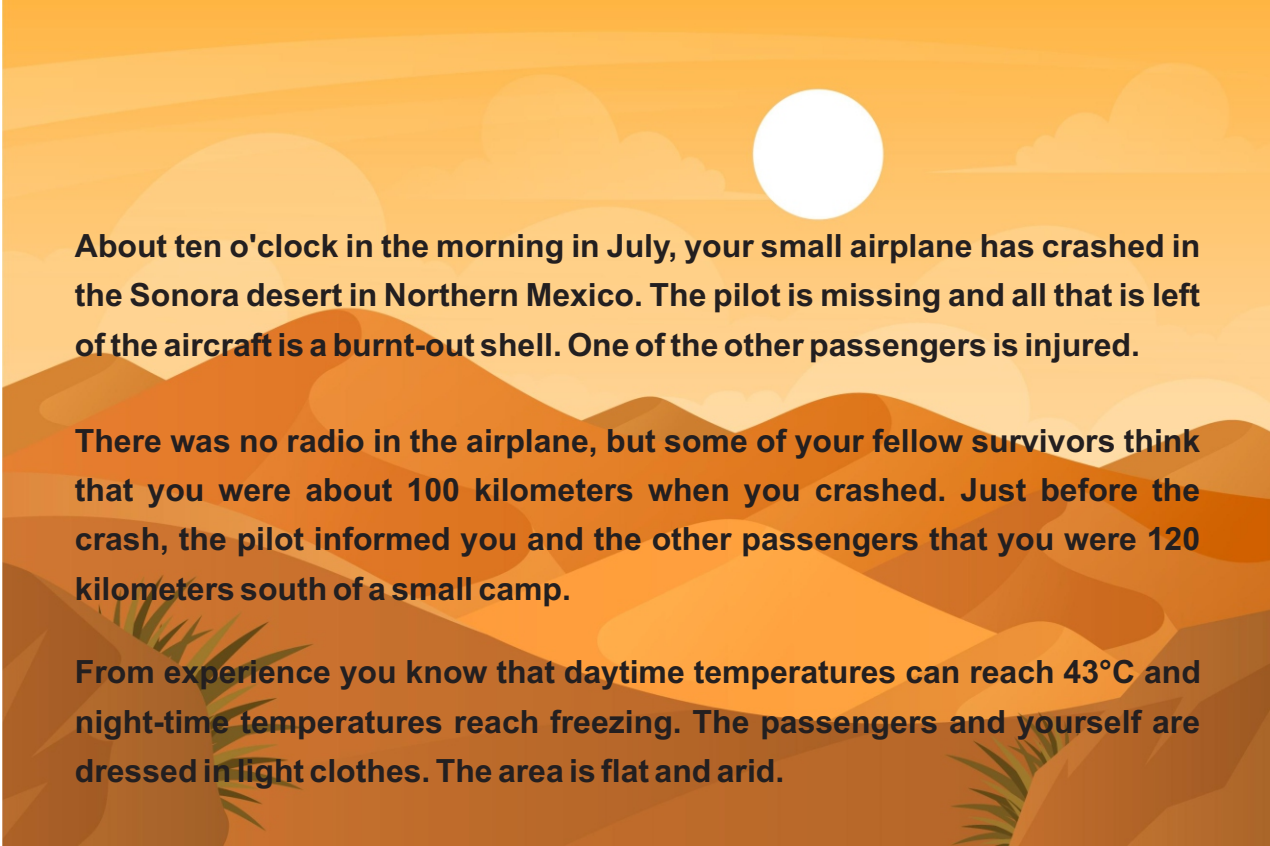
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## Activity 6

# The Desert Dilemma

1. Read the following text and write down six of the most important items from the list to ensure survival and/or rescue.



About ten o'clock in the morning in July, your small airplane has crashed in the Sonora desert in Northern Mexico. The pilot is missing and all that is left of the aircraft is a burnt-out shell. One of the other passengers is injured.

There was no radio in the airplane, but some of your fellow survivors think that you were about 100 kilometers when you crashed. Just before the crash, the pilot informed you and the other passengers that you were 120 kilometers south of a small camp.

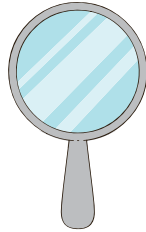
From experience you know that daytime temperatures can reach 43°C and night-time temperatures reach freezing. The passengers and yourself are dressed in light clothes. The area is flat and arid.

- ✓ knife
- ✓ food
- ✓ flashlight with four batteries
- ✓ tent
- ✓ large plastic poncho
- ✓ sleeping bag
- ✓ detailed pilot's map of the area
- ✓ instrument to measure blood pressure
- ✓ compass
- ✓ one overcoat per person
- ✓ one pocket mirror
- ✓ water

## Vocabulary:



compass



mirror



tent



knife



flashlight



plastic poncho



water



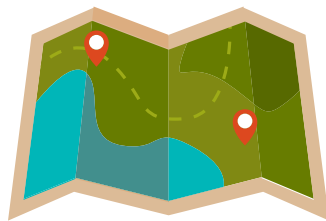
instrument to measure  
blood pressure



food



overcoat



map



sleeping bag



Name six items and explain why you chose each one.

**Item 1:** \_\_\_\_\_

Reason: \_\_\_\_\_

**Item 2:** \_\_\_\_\_

Reason: \_\_\_\_\_

**Item 3:** \_\_\_\_\_

Reason: \_\_\_\_\_

**Item 4:** \_\_\_\_\_

Reason: \_\_\_\_\_

**Item 5:** \_\_\_\_\_

Reason: \_\_\_\_\_

**Item 6:** \_\_\_\_\_

Reason: \_\_\_\_\_

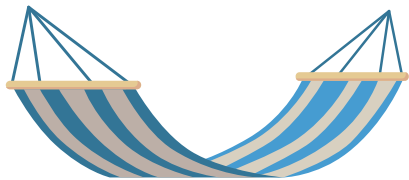
# Activity 7

## Island Adventure

Your boat is sinking! There is a desert island nearby. You can swim there, but you can only take one bag with you. Choose five items to help you survive on the island.



lamp



hammock



water filter



insect repeller



compass



first aid kit



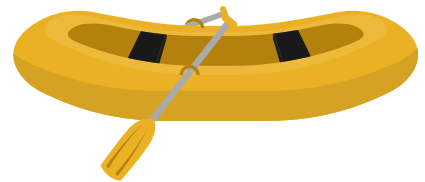
toilet paper



fishing rod



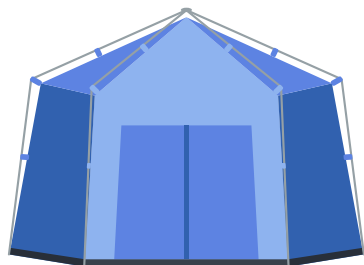
pot



inflatable raft



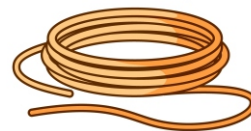
lighter



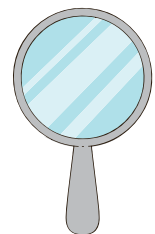
tent



knife



rope



mirror

Name five items and explain why you chose each one.



**Item 1:** \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

**Item 2:** \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

**Item 3:** \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

**Item 4:** \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

**Item 5:** \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

# Activity 8

## Analyze and Discuss Interviews

1. Read the zookeepers interview and answer the questions.

### The life of a zookeeper

My Daily Schedule
08:00 a.m. - The zoo opens
08:30a.m – Feed the giraffes
09:00a.m – Feed the penguins
10:00 a.m.– Feed the elephants
10:30a.m – Meeting to talk about the animals (if any of them sick, any new animals)
12 00 p.m. – Have lunch
01:00 p.m. – Play with the baby monkeys
01:30p.m – Look after sick animals
02:00 p.m. – Clean the bird's cages
03:00 p.m. – Look after any babies
04:00 p.m. – Cut up fruit for the monkeys
05:00 p.m. – The zoo closes



### Answer the questions

1. What time does the zoo open?  
\_\_\_\_\_
2. What time do you feed the elephants?  
\_\_\_\_\_
3. What time do you have lunch?  
\_\_\_\_\_
4. Do you prepare any food for the animals?  
\_\_\_\_\_
5. Do you play with any animals?  
\_\_\_\_\_
6. What time does the zoo close?  
\_\_\_\_\_

# Activity 9

## Interview your Family



Interview family members and complete the chart with their answers.

Family Member #1		Family Member #2	
Questions	Answers	Questions	Answers
What's your name?		What's your name?	
How old are you?		How old are you?	
Where do you live?		Where do you live?	
What's your mother's name?		What's your mother's name?	
What's your father's name?		What's your father's name?	
Do you have brothers? If yes, how many?		Do you have brothers? If yes, how many?	
Do you have sisters? If yes, how many?		Do you have sisters? If yes, how many?	
Do you have a best friend? If yes, who is it?		Do you have a best friend? If yes, who is it?	
Do you have a pet? If yes, what is it?		Do you have a pet? If yes, what is it?	
Who do you like to play with?		Who do you like to play with?	

# Activity 10

## Interview your Family: Possessive Nouns

1. Interview family members and answer the questions.

1. What's your favorite color? \_\_\_\_\_
2. What's your favorite season? \_\_\_\_\_
3. What's your favorite month? \_\_\_\_\_
4. What's your favorite food? \_\_\_\_\_
5. What's your favorite store? \_\_\_\_\_
6. What's your favorite restaurant? \_\_\_\_\_
7. What's your favorite holiday? \_\_\_\_\_



2. Write sentences about your family members, using possessive nouns.

**Ex: Joel's favorite color is red**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_



# Activity 11

## George's Interview

Read and answer George's interview questions



**George Hopkin**  
13 years old  
Roller skater

G. H. is an English roller skating champion. He does special exercises for one hour before school and skates for one hour at the rink every afternoon. George likes rap music, and when he has got time he reads detective stories. His ambition is to win his country title and represent his nation at the next World Games.

**Interviewer:** What's your name and, how old are you?

**George:** \_\_\_\_\_

**Interviewer:** Where do you live, George?

**George:** \_\_\_\_\_

**Interviewer:** Now, can you tell me why you're famous?

**George:** Certainly. I'm \_\_\_\_\_

**Interviewer:** Congratulations! Do you train every day?

**George:** \_\_\_\_\_

**Interviewer:** Have you got any hobbies?

**George:** Of course, \_\_\_\_\_

\_\_\_\_\_

**Interviewer:** And, what about your future? What are your ambitions?

**George:** Well, \_\_\_\_\_

\_\_\_\_\_

**Interviewer:** Thank you, George. Good luck and good bye!!

**George:** Thanks, bye!

# Activity 12

## Interview Questions

Read and answer interview questions with a family member.

QUESTIONS		ANSWERS	
		ME	FAMILY MEMBER
1.	Do you have a computer?		
2.	How much time do you spend on your computer every day?		
3.	Do you use the internet?		
4.	What do you do on the internet?		
5.	Do you use any social networks like Twitter or Facebook?		
6.	How much time do you spend daily on a social networking website?		
7.	Do you have a smartphone?		
8.	What apps do you have on it?		
9.	Do you think teenagers use too much technology?		
10.	What do you recommend teenagers not to be so dependent of technology?		

# Activity 13

## Auxiliary Verb: Used to

Read the text as a reference and then write “used to” and the verb that describes the picture the best to complete.

**Used to, be used to** and **get used to**, are auxiliary verbs that are used to talk about habits, even when their usage in English as their meaning in Spanish are quite different.

Let's see the meaning of each one of the forms:

- **used to**
- **be used to**
- **get used to**

### Used to:

To talk about actions that we used to do in the past but we no longer do, we use the auxiliary verb plus an infinitive verb:



**used to + infinitive**  
I **used to eat** a lot of meat, now I am a vegetarian.

1. I \_\_\_\_\_ cigarettes but I quit.
2. He \_\_\_\_\_ a lot of soda, now he drinks water.
3. She \_\_\_\_\_ the guitar in a rock band when she was younger.

# Activity 14

## Present Simple - Habits

Read the text as a reference, then read the sentences and write **CORRECT** if the form is correct, or **WRONG** if it is incorrect.

Present Simple is the equivalent to the indicative present from Spanish. However, in English, it is exclusively used to talk about habits and routines, things that we normally practice. Besides the ideas or concepts that, just as we think of them now, we keep on thinking of them in a near future.

Subject (Sujeto)	Verb (Verbo)	Object (Objeto)
You	speak	English very well.
I	think	Mexico is beautiful.

When the subject is any of the pronouns -I, you, we, they-, the form of the verb is written just as the infinitive form. But, when the subject is -he, she, it-, we add an 's' at the end of the verb:

Subject (Sujeto)	Verb (Verbo)	Object (Objeto)
He	drinks	a lot of water.
She	plays	the gutiar.
The dog	loves	to chew my shoes.

1. The blouse costs \$5.99. \_\_\_\_\_



2. I runs 5 kilometers every day. \_\_\_\_\_



3. She likes red roses. \_\_\_\_\_



# Activity 15

## A Busy Schedule – Present Simple

Read the text and then answer what is asked.

### “A Busy Schedule”

Julia and her family have a very busy schedule. Everyone has always something to do. Every Monday, Wednesday, and Friday, Julia and her brother Isaac go to swimming classes after school.



Her father, Abraham, goes to his office to work Monday to Friday mornings.



Julia's mother Alice, goes every Tuesday morning to the supermarket. And, if she has some bills to pay, she takes this day to do it.



Also, Abraham and Alice go to the gym in these days, in the evenings.



1. What do Julia and Isaac do on Monday, Wednesday, and Friday?

---

2. Who goes to the supermarket on Tuesday morning?

---

3. Where does Julia's father go Monday to Friday in the mornings?

---

4. What do Abraham and Alice do Monday to Friday in the evenings?

---

# Activity 16

## How to Solve a Situation?

Match by writing the number that corresponds to solve each situation.

- |   |     |  |
|---|-----|--|
| 1. If your computer is running slow                     | ( ) | You need to remove unwanted programs   |
| 2. If your computer is running out of disk drive space. | ( ) | You need to use a power regulator.   |
| 3. If the electricity is gone.                          | ( ) | You should restart the modem.  |
| 4. If appear in your computer unwanted advertisements.  | ( ) | You should turn off your computer.   |
| 5. If the electricity is unstable.                      | ( ) | You need to verify the paper in the tray, or check the ink or if the toner cartridges are empty. |
| 6. If you have slow internet.                           | ( ) | You need to download an antivirus program.   |
| 7. If the printer isn't printing.                       | ( ) | You need to restart it.  |

# Activity 17

## Match Them Up!







Match the sentences to the correct pictures.

We can use 'must' to talk about rules. For the negative, we can say 'mustn't'.

Example: You **must** wash your hands before each meal. (*affirmative*)

You **mustn't** play with fire. (*negative*).

- a. You must be on time.
- b. You must listen to the teacher.
- c. You mustn't use your phone in class.
- d. You mustn't run in the corridors.
- e. You must do your homework.
- f. You mustn't play on the street.

# Activity 18

## Fill in the Blanks

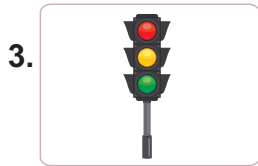
Complete the sentences, use must or mustn't.



David has a toothache, he \_\_\_\_\_ go to the dentist.



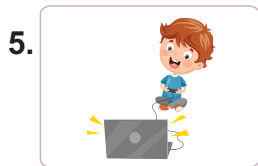
Ana is sick, she \_\_\_\_\_ go outside to play.



Hugo is reaching to a red light, he \_\_\_\_\_ stop his vehicle.



Daniela wants to be a healthy girl, she \_\_\_\_\_ eat fruit and vegetables.



Sebastian wants to get good grades, he \_\_\_\_\_ be distracted playing video games.



Ruben is going to drive his new car, he \_\_\_\_\_ fasten the belt.



# Activity 19

## Where Does It Go?

Write the sentences in the correct group.

feed your pets	spek loud on the movies	do your homework
fight with other children	put your trash in the bin	walk on the road
play with fire	water the flowers	watch external videos during virtual classes

You must...	You mustn't

Circle True or False for these sentences.

- You must pay attention at school.
- You must be quiet in the library.
- You mustn't wear tennis when you do sports.
- You must shout at the museum.
- You mustn't run across the road.
- You must be rude to your grandparents.



True



False

True

False

True

False

True

False

True

False

True

False

# Activity 20

## Pandemic Rules

Write must or mustn't to complete the sentences.



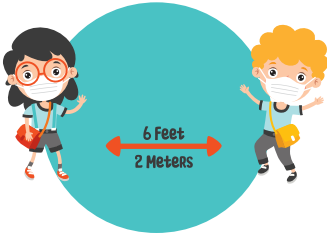
You \_\_\_\_\_  
wash your hands for  
20 seconds.



You \_\_\_\_\_  
use your elbow when you  
cough or sneeze.



You \_\_\_\_\_  
wear a facemask.



You \_\_\_\_\_  
keep distancing.



You \_\_\_\_\_  
visit old people.



You \_\_\_\_\_  
clean and disinfect your  
house.



You \_\_\_\_\_  
exercise at home.



You \_\_\_\_\_  
go to bed late.

## REFERENCIAS

### Referencia Bibliográfica

Secretaria de Educación Pública (2017). APRENDIZAJES CLAVE PARA LA EDUCACIÓN INTEGRAL Lengua extranjera. Inglés. Educación básica MÉXICO, SEP

### Referencia Iconográfica

“Designed by brgfx / Freepik”

